



Our Vision for Dining at Isaac Newton Academy (Secondary)

At Isaac Newton Academy we believe we have a role to play in educating students in healthy eating to support learning and ensuring a balanced diet. We are aware that for many students their lunchtime meal is their main daily meal and therefore it is important that this is a nutritious one. We aim to support students in making sensible food choices from within a range of healthy options. We aim to introduce students to fresh and sometimes new ingredients and recipes. We respect students' cultural, religious and moral dietary requirements. We give students responsibility for choosing their own portion size and minimising wastage.

We also know that many families do not sit down to eat together in a formal and structured way and we aim to ensure that all students get regular opportunities to experience the routines, responsibilities and social etiquette of "family" or formal dining. Mealtimes are an opportunity for the member of the Academy's community to get together in a social setting. They should be pleasant and civilised occasions where students and staff can relax, unwind and enjoy each other's company over food and drink. To ensure this ethos and atmosphere, certain expectations are clearly communicated to all and mealtime behaviours are taught to students.

Students are not permitted to bring any food or drink, with the exception of bottled plain water, onto the Academy site. The consequence of breaking this rule is a 2 hour weekend detention with a member of SLT .

Dining Expectations

We only eat and drink in the dining hall

We only eat and drink sitting at a table

We talk in quiet voices to ensure a noise level in the dining hall conducive to relaxed chat

We always eat using cutlery, never our hands

We serve others on our table with water (provided on tables in glass water jugs) before helping ourselves

We include everyone on our dining table in conversation while we are dining

At KS3 we leave our dining table when everyone has finished their meal

Everyone is responsible for clearing away rubbish, cutlery, crockery and trays, wiping up spillages and tucking in chairs (we help each other with these tasks).

Breakfast and Break time provision

At breakfast and morning break time, students wishing to purchase food need to ensure that they have credit on their account to cover the cost of their purchases. They then queue up to purchase items of their choice (from a selection of healthy options), they sit at a dining table and eat their snack. Having cleared away their plates they leave the dining hall. No food or drink is removed from the dining hall.

Lunch time meal provision

All students are expected to eat in the dining hall at lunchtime, according to a rota which staggers arrival time.

At KS3 there are 3 meal options which all cost the price of a free school meal. Students entitled to free school meals have the cost of the meal credited to their account. Those who pay for lunches need to ensure that their account has credit as the cost of a meal will automatically be debited each day (unless they are absent from school).

Option 1:

A hot meat or fish main dish, plus salad or vegetables and choice of dessert or piece of fruit. Students queue at a hot food meat/fish station in the dining hall and serve themselves. They then take their meal to a dining table, filling up tables in turn, and eat their meal according to the expectations outlined above. Staff eating meals sit amongst students.

Option2:

As above but with halal meat.

Option 3:

As above except with a vegetarian main meal.

At KS4 there are cold sandwich/panini/baguette options, in addition to the above.

Reviewed June 2017