

THIS WEEK'S MENU



ISAAC NEWTON
ACADEMY

Secondary Week: A week commencing 6th November 2017

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------------------|---|---|---|--|---|
| Halal... | Roasted chicken sausages with onion gravy | Lamb & vegetable tagine with mint & pomegranate yoghurt | Salmon, haddock & prawns topped with potato & cheese gratin | Lamb kofte with Persian spiced humus | Battered cod Or Breaded cod fish fingers |
| Non Halal... | Roasted chicken sausages with onion gravy | Lamb & vegetable tagine with mint & pomegranate yoghurt | Salmon, haddock & prawns topped with potato & cheese gratin | Lamb kofte with Persian spiced humus | Served with Tartar sauce, ketchup, lemon & chip shop curry sauce |
| Vegetarian... | Roasted red onion & rosemary vegetable sausages with gravy | Root vegetable & Quorn tagine with mint & pomegranate yoghurt | Mediterranean vegetable pie topped with potato & cheese gratin | Vegetable meatballs with Persian spiced humus | Tomato & basil pasta bake |
| Side orders... | New potatoes & cauliflower cheese | Coconut rice & green beans | Baton carrots & broccoli | Flat bread, Kebab shop salad, mayonnaise, sweet chili sauce & sweetcorn | Chips, peas, baked beans & mushy peas |
| Something sweet... | Banana custard pot | Orange jelly | Cheesecake filling topped with chocolate sauce & maltesers | Dried fruit & coconut flapjack | Strawberry ice cream |
| Pasta, jacket & salad bar | A daily changing selection of homemade sauces, toppers & fresh salads | A daily changing selection of homemade sauces, toppers & fresh salads | A daily changing selection of homemade sauces, toppers & fresh salads | A daily changing selection of homemade sauces, toppers & fresh salads | A daily changing selection of homemade sauces, toppers & fresh salads |
| Year 10/11 deli bar | Create your own | Create your own | Create your own | Create your own | Create your own |

FOR THOSE WITH SPECIAL DIETARY REQUIREMENTS OR ALLERGIES, WHO MAY WISH TO KNOW ABOUT THE FOOD OR DRINK INGREDIENTS USED, PLEASE ASK FOR A MANAGER.