

THIS WEEK'S MENU



ISAAC NEWTON
ACADEMY

Secondary Week A

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Halal	lamb burger with bap, cucumber yoghurt & chili sauce	Five spiced chicken with Chinese BBQ sauce	Poached haddock in a Keralan sauce with spinach	Roast chicken with sage & onion gravy	Battered cod Or Breaded cod fish fingers
Non Halal	lamb burger with bap, cucumber yoghurt & chili sauce	Five spiced chicken with Chinese BBQ sauce	Poached haddock in a Keralan sauce with spinach	Roast chicken with sage & onion gravy	Served with Tartar sauce, ketchup, lemon & chip shop curry sauce
Vegetarian	Bean burger with bap, cucumber yoghurt & chili sauce	Five spiced Quorn fillet with Chinese BBQ sauce	Aubergine parmigiana	Roasted field mushrooms stuffed with root vegetables	Tomato, basil & mozzarella pasta bake
Side orders	Baked new potatoes & sweetcorn	Boiled rice & Sesame roasted cauliflower	new potatoes, peas & carrots	Roast potatoes & broccoli	Chips, peas, baked beans & mushy peas
Something Sweet	Chocolate custard pot	Orange jelly	Cheesecake filling, strawberries & honeycomb	Vanilla rice pudding with rhubarb compote	Chocolate ice cream
Pasta, jacket & salad bar	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads
Year 10/11 deli bar	Create your own	Create your own	Create your own	Create your own	Create your own

FOR THOSE WITH SPECIAL DIETARY REQUIREMENTS OR ALLERGIES, WHO MAY WISH TO KNOW ABOUT THE FOOD OR DRINK INGREDIENTS USED, PLEASE ASK FOR A MANAGER.