

# THIS WEEK'S MENU



ISAAC NEWTON  
ACADEMY

Secondary Week A

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Halal	lamb burger with bap, shredded Moroccan slaw & yoghurt	Soy & ginger chicken special fried rice with stir-fry veg, hoisin & sesame	Poached haddock in a parsley cream sauce & lemon crumbs	Roast chicken with sage & onion gravy	Battered cod Or Breaded cod fish fingers
Non Halal	lamb burger with bap, shredded Moroccan slaw & yoghurt	Soy & ginger chicken special fried rice with stir-fry veg, hoisin & sesame	Poached haddock in a parsley cream sauce & Lemon crumbs	Roast chicken with sage & onion gravy	Served with Tartar sauce, ketchup, lemon & chip shop curry sauce
Vegetarian	Bean burger with bap, shredded Moroccan slaw & yoghurt	Soy & ginger tofu special fried rice with stir-fry veg, hoisin & sesame	Aubergine parmigiana	Roast Quorn fillet with sage & onion gravy	Roasted vegetable & spinach lasagne
Side orders	Baked new potatoes & sweetcorn	Sesame roasted cauliflower & Chinese BBQ sauce	New potatoes & Vegetable medley	Roast potatoes & broccoli	Chips, peas, baked beans & mushy peas
Something Sweet	Chocolate custard pot	Orange jelly	Oreo cookie cheesecake	Vanilla rice pudding with berry compote	Strawberry ice cream
Pasta, jacket & salad bar	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads
Year 10/11 deli bar	Create your own	Create your own	Create your own	Create your own	Create your own

FOR THOSE WITH SPECIAL DIETARY REQUIREMENTS OR ALLERGIES, WHO MAY WISH TO KNOW ABOUT THE FOOD OR DRINK INGREDIENTS USED, PLEASE ASK FOR A MANAGER.