

# THIS WEEK'S MENU



ISAAC NEWTON  
ACADEMY

Secondary Week B

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Halal	Chicken sausages with onion gravy	Chunky lamb chili con carne with chive sour cream	Roasted haddock fillet, tomato sauce & sunflower seed pesto	Chicken thigh tikka masala curry with cucumber yoghurt	Battered cod Or Breaded cod fish fingers
Non Halal	Chicken sausages with onion gravy	Chunky lamb chili con carne with chive sour cream	Roasted haddock fillet, tomato sauce & sunflower seed pesto	Chicken thigh tikka masala curry with cucumber yoghurt	Served with Tartar sauce, ketchup, lemon & chip shop curry sauce
Vegetarian	Red onion & rosemary sausages with gravy	Roasted vegetable & mixed bean chili with chive sour cream	Roasted quorn fillet, tomato sauce & sunflower seed pesto	Lentil dhal tempered with cumin & ginger	Falafel with humus & sweet chili
Side orders	New potatoes & cauliflower cheese	Braised rice & Green beans	Boiled potatoes & Baton carrots	Braised rice & Chana with tomatoes & spinach	Chips, peas, baked beans & mushy peas
Something Sweet	Cream filled profiteroles with chocolate sauce	Banana custard pot	Strawberry jelly	Vanilla cake, icing & toasted coconut	Strawberry ice cream
Pasta, jacket & salad bar	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads
Year 10/11 deli bar	Create your own	Create your own	Create your own	Create your own	Create your own

FOR THOSE WITH SPECIAL DIETARY REQUIREMENTS OR ALLERGIES, WHO MAY WISH TO KNOW ABOUT THE FOOD OR DRINK INGREDIENTS USED, PLEASE ASK FOR A MANAGER.