

# THIS WEEK'S MENU



ISAAC NEWTON  
ACADEMY

Secondary Week B

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Halal	Chunky lamb chili con carne with salsa & sour cream	Chicken sausages with onion gravy	Baked fillet of Pollock with a creamy leek sauce & cheddar cheese crumble	Chicken thigh tikka masala curry with cucumber yoghurt & green chilli relish	Battered cod Or Breaded cod fish fingers
Non Halal	Chunky lamb chili con carne with salsa & sour cream	Chicken sausages with onion gravy	Baked fillet of Pollock with a creamy leek sauce & cheddar cheese crumble	Chicken thigh tikka masala curry with cucumber yoghurt & green chilli relish	Served with Tartar sauce, ketchup, lemon & chip shop curry sauce
Vegetarian	Roasted vegetable & mixed bean chili with salsa & sour cream	Red onion & rosemary sausages with gravy	Quorn fillet with a creamy leek sauce & cheddar cheese crumble	Lentil dhal with aubergine & peppers	Falafel with humus & vegetable couscous
Side orders	Savoury rice & Green beans	New potatoes & Cauliflower cheese	Boiled potatoes & Vegetable medley	Braised rice & Bombay aloo	Chips, peas, baked beans & mushy peas
Something Sweet	Cream filled profiteroles with chocolate sauce	Banana custard pot	Strawberry jelly	Chocolate sponge with white chocolate sauce	Vanilla ice cream
Pasta, jacket & salad bar	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads
Year 10/11 deli bar	Create your own	Create your own	Create your own	Create your own	Create your own

FOR THOSE WITH SPECIAL DIETARY REQUIREMENTS OR ALLERGIES, WHO MAY WISH TO KNOW ABOUT THE FOOD OR DRINK INGREDIENTS USED, PLEASE ASK FOR A MANAGER.