

THIS WEEK'S MENU



ISAAC NEWTON
ACADEMY

Secondary Week: 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Halal	Chicken hotdog with brioche roll, fried onions, American yellow & tomato sauce	Shepherd's pie	Prawn & egg noodle stir fry with sweet chilli sauce & crunchy veg	Cheeky nandos! mild peri-peri chicken thighs	Battered or steamed fillet of fish with tartar sauce & lemon
Non Halal	Chicken hotdog with brioche roll, fried onions, American yellow & BBQ sauce	Shepherd's pie	Prawn & egg noodle stir fry with sweet chilli sauce & crunchy veg	Mild peri-peri chicken thighs Bottles of extra extra hot sauce on counters for the brave!	Battered or steamed fillet of fish with tartar sauce & lemon
Vegetarian	Veggie sausage with brioche roll & fried onions	Shepherdess pie topped with potato & cheese	Soya & sesame tofu noodle stir fry with sweet chilli sauce & crunchy veg	Mild spiced peri-peri Quorn fillets with peppers & red onion	Falafel with hummus, spiced couscous & roasted peppers
Side orders	Roasted new potatoes & sweet corn	Green beans, parsley carrots & rosemary gravy	Roasted sesame cauliflower	Long grain rice & sweet corn	Chunky chips, baked beans, peas & chip shop curry sauce
Something sweet	Chocolate custard pots	Orange jelly	Apple crumble & custard	Vanilla & strawberry rice pudding pots	Ice cream
Pasta, jacket & salad bar	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads	A daily changing selection of homemade sauces, toppers & fresh salads
Year 10/11 deli bar	Create your own	Create your own	Create your own	Create your own	Create your own

FOR THOSE WITH SPECIAL DIETARY REQUIREMENTS OR ALLERGIES, WHO MAY WISH TO KNOW ABOUT THE FOOD OR DRINK INGREDIENTS USED, PLEASE ASK FOR A MANAGER.