

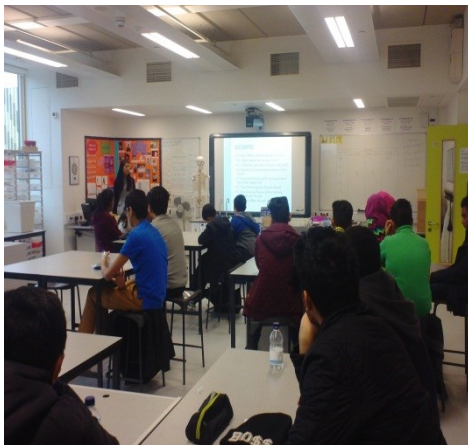
On the 17th of October 24 students across years 8, 9 and 10 had the opportunity to participate in the next much anticipated Saturday Stretch session. The session was delivered by Jayni Desai, a Medical student from the University of Manchester.

During her time at school Jayni showed a keen interest in the sciences and realised that she wanted to go into a profession that encompasses her passion. Whilst studying for her AS Levels she undertook work experience focussed around medical and dental specialities, after deciding these two careers were routes she wanted to explore. Having experienced both professions, she decided that medicine was more suited to her personality. She then volunteered in GP surgeries, maternity wards and in a care home which helped her in securing her place at university to study Medicine.



Jayni is currently in her fourth year of study at the University of Manchester. Having completed three years of Medicine, she is now undertaking an Intercalated Degree in Medical Biochemistry (BSc) for the year, after which she will return to Medicine to complete the final two years of her degree.

The session kicked off with a practical activity in which the students were challenged to identify internal organs and place them on a model skeleton. This certainly warmed the students up and supported them later in the session when they were faced with the task of making some diagnoses based on given patient case studies.



The students then had the opportunity to see some medical practice and procedures in action. The first clip we watched was of a consultation between a doctor and patient. Jayni outlined for us the importance of building rapport and relationships with patients. She reinforced that some patients will be feeling anxious and worried and that a sense of comfort and care from the doctor makes a big difference. We then watched an abdominal exam, a student doctor taking a blood (to Ms Rayner's dismay) and were exposed to some of the routines when conducting practical examinations.

Students then put their understanding into practice. We split into pairs and each student was given the role of either doctor or patient. In order to make the right diagnosis the doctor was challenged

to ask thoughtful questions in order to elicit as much information from the patient as possible. At the same time, the doctors needed to think about how they were going to use their body language and voice to make the patient feel both listened to and cared for.

The session was a real eye-opening experience; the students were given information about the various routes of study within Medicine and the multitude of careers and specialisms they could go into once they have finished studying. All in all it was a great session which equipped the students with information and advice about how they could pursue the discipline at both university and as a career.

After the session Jayni commented on her experience of leading the session *“The students were very attentive, they had many relevant questions. It felt very rewarding to be able to talk to potential Medicine students about a field I am very passionate about.”*



When asked the question ‘do you think the session was helpful?’ some students said:

“Yes, I learnt what I need to do to get into Medicine and how to apply.”

“Yes, I learnt about what kinds of things I would be doing if I were a Medicine undergraduate.”

“Yes, the session taught me all about different topics that Medicine covers. This has motivated me to specialise in Medicine as a career.”

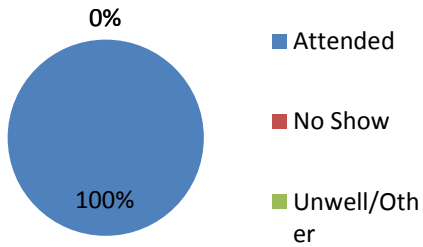
When asked a question about how the session had impacted their view on university some students said:

“I have always considered university as a life goal; this session increased my passion for it.”

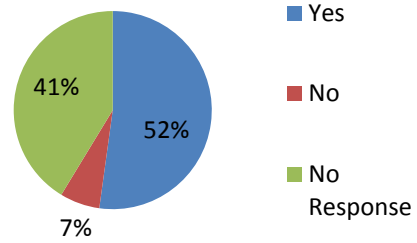
“Yes, I definitely want to go to university and I want a career in medicine.”

“Yes, the session made me want to go to the University of Manchester.”

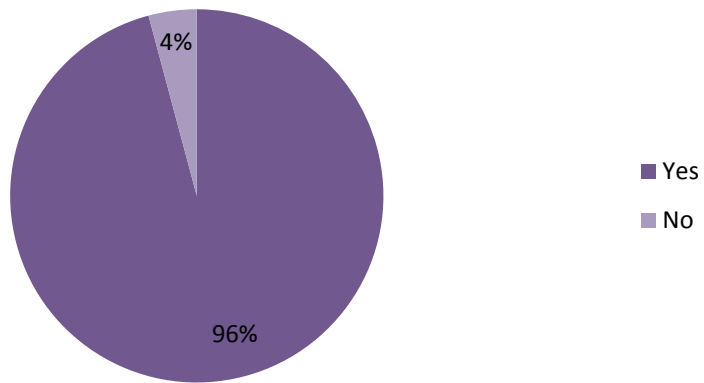
Student Attendance Data



Student Invitation Response Data



Do you think the session was helpfu?



Has the session made you consider university as an option after leaving school?

