

Primary PE at INA

Isaac Newton Academy is committed to providing pupils with opportunities and experiences which enable them to lead healthy and active lifestyles.

At INA, the Reception KS1 and KS2 PE curriculum is dedicated to developing fundamental movement skills in all pupils, in order to increase confidence in a range of physical activities. During PE lessons, pupils develop their agility, balance and coordination through Gymnastics, Dance and Games. Within Reception, pupils acquire the knowledge and physical awareness to be able to run, jump, throw and catch as well as copy simple movement patterns through Dance; at KS1, pupils develop their core strength, flexibility and balance by imitating and creating (year 2) gymnastics and dance sequences. They also deepen their coordination and agility skills through a variety of games activities based upon object manipulation using the hands and feet. This year, our year 2 pupils have also had the fantastic opportunity to swim as part of their PE curriculum, which has been very successful in reducing fear of the water and learning about water safety. In addition to the activities experienced at KS1, throughout lower KS2, pupils begin to experience a wider range of activities, including hockey, swimming and outdoor adventurous activities (OAA). OAA involves the pupils using their teamwork and collaboration skills to solve practical problems within the school premises. In year 3 upwards, pupils begin to create their own paired and grouped gymnastics displays, developing their transferring communication and leadership skills.

PE at INA aims to create an enjoyable environment which encourages pupils to perform in both healthy competition and cooperative tasks by generating challenging opportunities for all. At Reception, pupils' physical development is measured against Early Learning Moving and Handling goals and within KS1 and 2 assessment moves in line with the National Curriculum strategy. INA has developed an assessment criteria based upon the fundamental movement skills of agility, balance and coordination which is shared with parents and tracked termly. Through the activities detailed above, pupils are encouraged to consciously develop sporting values such as fairness and respect, alongside continually building upon their BRIDGES characteristics within lessons.

Each year, INA hosts a primary sports day where all pupils participate in a range of sporting activities in the fantastic Cricklefield athletics stadium. This provides pupils with an opportunity to compete with their peers and set school records, as well as allowing the parents to feel part of the school community. Each year we host an amazing primary sports day in July. The secondary Sports Leaders support with the organisation and execution of this event.

In 2016 we hosted our first KS1 multi-skills event, where pupils from local schools came together to participate in a variety of sporting activities in a fun environment. The next event is scheduled for December 2017.

PE at INA Primary largely takes place within the school hall and on the MUGA. However for enriching experiences such as sports days, secondary sports leaders' events and the annual Spring Spectacular, we also utilise both Cricklefields athletics stadium and the secondary sports hall.

We have a wealth of equipment, from gymnastic vaults and wall apparatus to differentiated skills equipment which enables all pupils to progress within lessons and master new skills.

At INA we are dedicated to delivering enriching experiences and teaching children vital life skills. This year has seen the Year 2 and 3 children begin swimming lessons at Becontree Heath Leisure Centre. The children are developing strength in the legs, arms, core and back; all of which will help them in a range of areas of their life and learning. The children use floatation aids to help with specific stroke techniques and have also been perfecting their strokes whilst swimming lengths. The children have been learning to love the water and build their confidence through games at the end of the session, and are also learning key water safety information taught by the qualified instructors.

Primary Sports Grant

For 2016-17 the school received a PE grant of £8,450. We used this money to pay for secondary PE specialist teachers to teach the primary children PE one afternoon a week each. The grant also funded the resources and equipment needed for PE lessons, a responsibility allowance for one PE teacher to co-ordinate the Primary PE curriculum provision and a payment and time allocation to one of the primary TAs to support the Year 1 & 2 teachers in teaching a second session of PE per week to their classes. Two in-house CPD sessions were provided for all teachers of PE. Sports enrichments were led by a range of teachers. A Spring Spectacular PE display was staged at the end of March 2017. Additional equipment valuing £756 was purchased.

The secondary PE specialist who is in charge of primary PE delivered regular CPD training to the primary teachers. This focussed largely upon safety within lessons and the aims of our PE curriculum, but also included practical ideas for progression within lessons and ideas on how to assess through a variety of activities whilst simultaneously developing fundamental movement skills.

The Sport Enrichment Clubs that INA Primary ran in 2016-17 were:

Autumn 1: karate, games, multi-sports & netball (54 pupils in total)

Autumn 2: gymnastics, karate, games, multi-sports & netball (70 pupils in total)

Spring 1: gymnastics, karate, games, multi-sports & netball (43 pupils in total)

Spring 2: basketball, karate, games, multi-sports & netball (84 pupils)

Summer 1: Basketball, football, games, girls can, sliding and Zumba (84 pupils)

Summer 2: Sliding, football, games and gymnastics (55 pupils)

These enrichments each ran for a half term and the pupils learnt physical skills needed for the sports, in addition to developing their personal skills such as integrity, fair play and sportsmanship.

At summer 2 2017, the attainment of the Reception cohort was as follows for the Moving & Handling strand:

Reception

At summer 2 2017, the attainment of the Reception cohort was as follows for the Moving & Handling strand:

40-60+ exceeding – 31.1%

40-60+ expected – 65.5%

40-60+ emerging – 3.3%

Year 1

ATTAINMENT	Agility	Agility %		Balance	Balance %		Co-ordination	Coordination %
No pupils WT SUM2:	1	1		1	1		3	3
No pupils WA SUM2:	70	77		71	79		68	76
No pupils WGD SUM2:	17	19		16	18		17	19
PROGRESS								
No pupils progressing 1 sublevel by SUM2:	75	83		73	81		77	86
No pupils progressing 2 sublevels by SUM2:	5	6		13	14		5	6
No of pupils progressing 3+ sublevels by SUM2:	1	1		0	0		0	0

Year 2

ATTAINMENT	Agility	Agility %		Balance	Balance %		Co-ordination	Coordination %
No pupils WT SUM2:	3	3		2	2		3	3
No pupils WA SUM2:	33	37		40	44		48	53
No pupils WGD SUM2:	50	56		44	49		35	39
PROGRESS								
No pupils progressing 1 sublevel by SUM2:	14	16		12	13		8	9
No pupils progressing 2 sublevels by SUM2:	53	59		42	47		51	57
No of pupils progressing 3+ sublevels by SUM2:	15	17		28	31		22	24

The Sports Grant for 2017-18 is £17,800. In addition, to the funding supporting the delivery of the model outlined above (and extended into Year 3), the monies will support

- CPD training for the two PE post holders (each colleague has enrolled on two external training sessions to date and
- More PE equipment, especially for the delivery of KS2 PE

Rachel Macfarlane

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