

Isaac Newton Academy Lunch Menu Week B

	Autumn Warmer Monday...	Pasta Tuesday...	Chill, it's Jamaican Wednesday...	Chinese Takeout Thursday...	Chip Supper Friday...
Halal...	Chicken & root vegetable casserole	Lamb bolognese pasta with parmesan cheese	Jerk chicken thighs with Tomato & habanero salsa	5 spice chicken & stir-fried vegetable chow mein	100% whole cod fish fingers Or Battered whole fillet of cod
Non halal...	Chicken & root vegetable casserole	Lamb bolognese pasta with parmesan cheese	Jerk chicken thighs with Tomato & habanero salsa	5 spice chicken & stir-fried vegetable chow mein	Tartar sauce, ketchup, chip shop curry sauce & lemon wedge
Vegetarian...	VEGAN Chickpea & root vegetable casserole	VEGAN Mushroom & vegetable ragout pasta	Jerk Quorn fillet with Tomato & habanero salsa	VEGAN 5 spice tofu & stir-fried vegetable chow mein	VEGAN Breaded vegetable nuggets
On the side...	New potatoes & broccoli	Garlic bread & chopped salad basket	Rice 'n' peas, collard greens with roasted plantain & Caribbean coleslaw basket	Garlic & ginger roasted cauliflower & sweet chili sauce	Chips, baked beans, peas & mushy peas
pudding...	Strawberry yoghurt pots	Fruit & seed flapjack	Orange jelly	Blueberry cheesecake mousse	Chocolate ice cream
As well as the menu above students have the selection of fresh salads, baked jacket potatoes, pasta bar with tomato & basil or cheese sauce & fresh fruit ∞ For KS4 students a deli bar with baguettes, wraps and sandwich fillings is available daily					

