


Isaac Newton Academy Lunch Menu Week B

	Kebab Shop Monday...	British Banger Tuesday...	Mediterranean Wednesday...	Chinese Takeout Thursday...	Chip Supper Friday...
Halal...	Butchers lamb kofte (With extra chilli sauce if you like!)	Roasted chicken sausages	Lamb kleftiko (Lamb cooked with onions, tomatoes, potatoes & oregano)	Ginger, soy, sesame & chili marinated chicken thighs	100% whole cod fish fingers Or Battered whole fillet of cod
Non halal...	Butchers lamb kofte (With extra chili sauce if you like!)	Roasted chicken sausages	Lamb kleftiko (lamb cooked with onions, tomatoes, potatoes & oregano)	Ginger, soy, sesame & chili marinated chicken thighs	Tartar sauce, ketchup, chip shop curry sauce & lemon wedge
Vegetarian...	VEAGAN Falafels made with chickpeas, broad beans and spices	VEGAN Linda McCartney sausages with red onion & rosemary	Aubergine parmigiana (aubergines, fresh tomato sauce & parmesan, so simple, so tasty)	VEGAN Ginger, soy, sesame & chili marinated tofu with stir fried veg	Tomato & basil pasta bake
On the side...	Khobez bread, kebab shop salad, humus, sweet chili & sweetcorn	Gravy, buttered new potatoes & peas	Ratatouille & green beans	Steamed rice & roasted broccoli with Chinese leaf & five spice	Chips, baked beans, peas & mushy peas
pudding...	Banana custard pot	Dried fruit tiffin	Strawberry jelly	Lemon & lime iced cake	Chocolate ice cream
As well as the menu above students have the selection of fresh salads, baked jacket potatoes, pasta bar with tomato & basil or cheese sauce & fresh fruit ∞ For KS4 students a deli bar with baguettes, wraps and sandwich fillings is available daily					